

The latest News and Updates from ForcaGoa



ONGOING INITIATIVES

DIWALI HOLIDAYS

COACH THE COACHES: OUR NEWEST INITIATIVE

LIFE SKILLS WORKSHOPS - EDUCATION WORKSHOPS

QUA NUTRITION PARTNERSHIP

GRASSROOTS FESTIVALS

SUSTAINABILITY & EMPOWERMENT

GRASSROOTS FOOTBALL ROUND UP

Diwali Holidays

October turned out to be an incredibly complicated month for us for scheduling purposes. The beginning of the month started with exams, which had been pushed up in celebration of the U17 World Cup in Goa. Then starting from the 13th of October all the schools broke for Diwali Holidays. This left us with only a week to coordinate holiday schedule and programs amongst all our centers and schools.

Despite the hectic schedule, we were still able to conduct training at all our centers throughout the long school break and even started conducting our planned life skills workshops. This October we were able to start our education workshops, nutrition workshops, and finish the rest of our parent workshops. The children will all return to class starting the 6th of November, and we are beyond excited to resume our baby leagues as well.

In addition, to the work, we completed at our centers we also began scheduling and organizing grassroots festivals across the state. An initiative we hope to continue throughout the rest of the year.

Coach the Coaches Program

Premier Skills

We sent five of our coaches to Mumbai for the Premier Skills Training. Three of those coaches were tapped for the Instructors track in the program. After the coaches return we did a workshop on the most important takeaways from the program.



Monthly Reports

To improve our operations as an organization we have transitioned all our reporting methods to the G-drive so we can track coaches progress and goals month to month. In addition, we now meet once a month to discuss our learnings, problem solve and set targets for the next month coming up. Our intention is to be as professional and organized as possible so we can act on feedback immediately and provide the best possible program.

ISL Grassroots

We also had the pleasure of heading to Mumbai to the Reliance Young Champs Academy to discuss the collective goals of the ISL's Grassroots program. Representatives from all the teams came together to talk about how we can work together to improve the sport for the next generation.



Our Life Skills Workshops

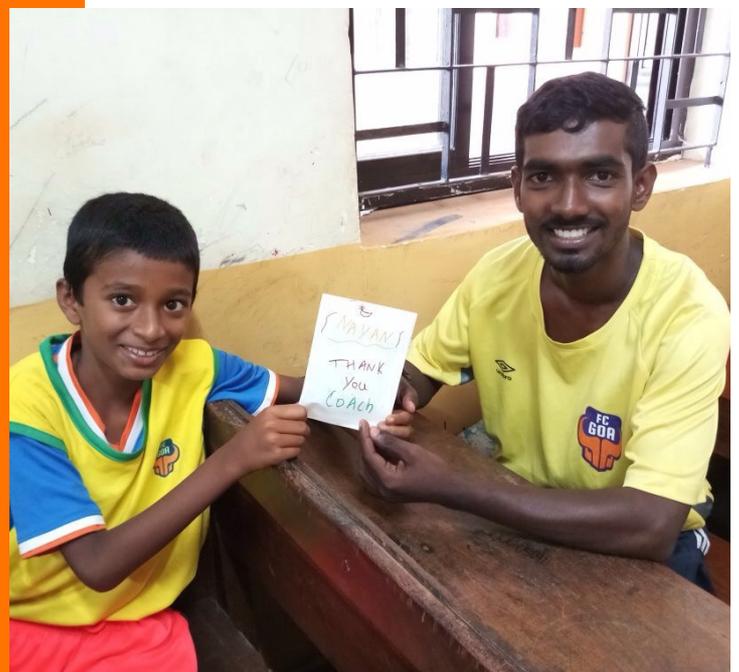
By adding a full calendar of life skills workshops we are hoping to provide the children we work with a holistic program that helps them develop both as footballers and as people. We are committed to taking on at least one social issue or life skill topic a month to conduct workshops on at every centre.



Education Workshops

To expand on the importance of a good education, and reinforce our appreciation for the teachers who support our students and thus our program we started conducting education workshops at each of our centres. During these workshops, we announced the scholarship program we are starting, spoke to the children about why it's important to study hard and keep up with your studies, and made thank you cards for the teachers and coaches who help make everything possible.

- 9 workshops completed
- 7 still pending



Partnership with Qua Nutrition

We are beyond excited to announce our official partnership with Qua Nutrition, a company whose expertise in nutrition, dietary support, and overall child development is sure to help us improve the nutritional support we provide the children and families we work with. Qua Nutrition has become Forca Goa's official Nutritional Partner and as such has agreed to offer a series of workshops for all of the children and parents at our centers.

These workshops reinforce the benefit of a balanced well-rounded diet and even provide examples to the children and parents about what the children should be eating. They also will be providing us with nutritional facts for us to share with our larger community and will be following up directly with the parents to send them child development charts so they can track their child's personal development.



In addition to the workshops, we are providing the parents and children, we have also revised the snack we provide our players after every training. We are providing an omelet, pow, banana, and milk every day to the children who train with us.

Together we have completed:

- 4 workshops
- Educated 140+ children

Next Steps

- 12 more workshops
- Educated 1000+ children



Grassroots Festivals

St. Anthony's H.S.

When: October 10th from 7:30am - 9:30am

Where St. Anthony's H.S. Veroda Cuncolim

Participants: 60

Age Groups: U8, U10, U12, U14

Development Officer: Milagres Carvalho

Infant Jesus High School

When: October 13th from 7:30am - 9:30am

Where Infant Jesus High School, Madicotta Cuncolim Salcete Goa

Participants: 57

Age Groups: U8, U10, U12, U14

Development Officer: Milagres Carvalho

Ambelim Centre

When: October 24th from 7:09am - 9:00am

Where: Ambelim Centre

Participants: 60

Age Groups: U6, U8, U10, U12, U14

Development Officer: Benjamin D'Silva



Xeldem Panchayat Football Ground

When: October 28th from 7:30am - 9:30am

Where: Xeldem Panchayat Football Ground

Participants: 58

Age Groups: U8, U10, U12, U14

Development Officer: Milagres Carvalho

235
Kids

The intention behind our grassroots festivals is to bring the beautiful game of football to places and kids who otherwise do not have access to any training or competition.

Sustainability and Empowerment

Nerul: Sustainable Waste Management Model

We began conducting site visits to the problem areas of Nerul and contacting a number of potential partners to help us address the growing waste management problem in the village.

The Panchayat has called a Special Gram Sabha on the 12th of November to discuss the garbage problem. We have been invited to present at the meeting and float our suggested solutions.

Blog Features

Behind the Game: Meet ForcaGoa's Newest Coaches and hear all about their passion for the game. We have hired two new coaches this month.

Community Champion: Follow the article on our very own Ishita Godinho and the wonderful work she does with her own NGO Goa Outreach.

Grassroots: Premier Skills roundup where we review this amazing program through the eyes of one of our attending coaches.

Adopt-A-Field

Parra Field

Status Update:

We have decided to take on the Parra Field as one of the fields we are piloting the Adopt-A-Field Program with.

We finished surveying the field and are anxiously awaiting the first set of drawings/ proposal from the architect.

We also began filming the field and interviewing people from the area to showcase how important this field is to the locals and show what investing in the infrastructure of the field could mean for the community.

Act4Goa

October hosted the second Gram Sabha for the Panchayats of Goa. Here again, we tried to encourage attendance and participation. Taking our pilot village of Assagao we saw increased attendance. Two resolutions passed and the formation of the last remaining Committee, Health, Sanitation, and Water. We have also begun the process of developing infographics for the campaign to explain the local governance model better.