

The latest News and Updates from Forca Goa Foundation



NOVEMBER REPORT

ONGOING INITIATIVES

WHAT'S NEXT : A STATEWIDE LEAGUE

**GRASSROOTS CENTERS
BABY LEAGUES PICK UP SPEED**

**LIFE SKILLS WORKSHOPS
CONTINUED**

GRASSROOTS FESTIVALS

**SUSTAINABILITY &
EMPOWERMENT**

GRASSROOTS FOOTBALL ROUND UP

PLAYERS OF THE MONTH

Statewide Leagues

Now that our Baby Leagues have been operating for a few months, and we have had the chance to organize a number of festivals across Goa and thus connect with different schools, we are planning to create a number of statewide grassroots leagues.

We will be creating four leagues which will run for three months starting in January once we have confirmed all the various schools who will be participating. The leagues' age categories will be U8, U10, and U12. The U8 and U10 will be coed teams, and the U12 age category will have a separate one for both the girls and the boys. The teams will be paired with other schools within a 10 km radius to ensure the children don't have to travel too far.

It is our intention with this league to create a space for every child who wants to, to have a chance to play football.

Baby Leagues

We have divided all of the children at our grassroots centers into teams by age category for an inter-center league. This was done with the intention to provide all the children with more opportunities to compete and increase the amount of time they get to experience and learn from game situations.



All of our centers have now been running their leagues for a couple months and we have seen an overall increase in participation in our programs as a result. The children enjoy the grassroots program more because they have more opportunity to compete. We hope to create more such leagues and opportunities for competition so the children can continue to develop as players.



Our Life Skills Workshops

In an effort to make our grassroots activities more holistic we have continued our goal to provide life skills workshops at all of our centres. This month we completed all of our education-focused workshops, completing another 7 from last month. He we continued to introduce our Scholar Athlete Scholarship, which will be given to one child from each center who receives the highest marks at the end of the school year .



Next Month to Commemorate Goa's Liberation Day our life skills workshops are focused on Active Citizenship and the responsibilities we have in addition to our rights when we live in a democracy.

In addition to the completing the education workshops, we also continued our efforts with Qua Nutrition completing another 3 workshops for parents and children. We also had a chance to sit down with the founder of Qua Nutrition and create a small video to encourage healthy snack choices for our young athletes. Mr. Ryan Fernando's interview that can be found our blog received a lot of positive feedback.

NEXT STEPS

9 more workshops

Educated 1000+ children





Grassroots Festivals

Rosary School Navelim

When: Nov. 2nd from 3:30pm -

5:30pm

Where Navelim

Participants: 60

Age Groups: U8, U10, U12, U14

Development Officer: Orlando

Viegas



St. Ann High School

When: Nov. 13th from 8:00am -

10:00am

Where: St. Ann High School

Agonda Canacona

Participants: 130

Age Groups: U6, U8, U10, U12, U14

Development Officer: Orlando

Viegas



Kings School

When: Nov. 17th from 8:30am -

10:00am

Where: Kings School Margao

Participants: 100

Age Groups: U6, U8, U10, U12, U14

Development Officer: Nathaniel

Dcosta

1069
Kids

The intention behind our grassroots festivals is to bring the beautiful game of football to places and kids who otherwise do not have access to any training or competition.



Grassroots Festivals

Shanta Vidyalaya High School

When: Nov. 11th from 9:00am - 11:00am

Where: Siolim

Participants: 57

Age Groups: U10, U12, U14

Development Officer: Naresh

Virnodkar



People High School

When: Nov. 15th from 9:00am - 11:00am

Where: Camurlim

Participants: 84

Age Groups: U10, U12, U14

Development Officer: Naresh

Virnodkar



Don Bosco High School

When: Nov. 18th from 8:30am - 10:30am

Where: Tuem Pernem

Participants: 95

Age Groups: U6, U8,

Development Officer: Rupesh

Madkar

All of our grassroots Development Officers are given the task of finding schools where the children don't otherwise have access to the beautiful game and then organizing a pop-up Tournament for the boys and girls from that school.



Grassroots Festivals

Vidya Prasarak School

When: Nov. 23rd from 8:30am - 10:30am
Where: Morjim
Participants: 96
Age Groups: U6, U8, U10, U12
Development Officer: Rupesh Madkar

Chandranath Education Society High School

When: Nov. 24th from 9:00am - 11:00am
Where: Assolda Salcete Goa
Participants: 130
Age Groups: U8, U10, U12, U14
Development Officer: Milagres Carvalho

St. Anne High School

When: Nov. 25th from 8:30am - 10:30am
Where: Tormas Ozrim Pernem Goa
Participants: 55
Age Groups: U8, U10, U12,
Development Officer: Rupesh Madkar

Peter Alvares Memorial High School

When: Nov. 30th from 8:30am - 10:30am
Where: Morjim
Participants: 50
Age Groups: U8, U10, U12
Development Officer: Rupesh Madkar

Regina School

When: Nov. 28th from 4:00pm - 6:00pm
Where: Assolna - Ambelim
Participants: 132
Age Groups: U6, U8, U10, U12, U13
Development Officer: Benjamin Dsilva

Our Lady of Health HS Cuncolim

When: Nov. 28th from 8:00am - 10:00am
Where: Cuncolim
Participants: 80
Age Groups: U8, U10, U12, U13
Development Officer: Milagres Carvalho

Sustainability and Empowerment

Leadership Training

Ishita, Nathan, and Jill, who are our heads of holistic development for all the grassroots training programs, attended a three-day intensive leadership training. At this workshop, they were taught process and given tools to help them facilitate conversation with the community that matter. The training was a truly inspiring experience which connected the three of them with people representing other NGOs and schools who are also working towards creating positive change within their communities.

Blog Features

Behind the Game: Meet ForcaGoa's Newest Coaches and hear all about their passion for the game. We have hired two new coaches this month.

Hitting Your Peak: Check out our sit down with Mr. Ryan Fernando who gives a lot of wonderful advice on how to eat well.

Game: Check out our article on the freestyle footballers of India. We will be having a wonderful event with some professional freestylers footballers from Germany on the 2nd Dec. so this article is a nice lead-up.

Adopt-A-Field

Parra Field

Status Update:

We have gotten the first set of designs from the architect for the Parra grounds. We have also finished a rough edit of film for the field to explain what we intend to do with the program.

What's Next:

Finish the film to help raise funds for the project and begin getting permissions to start the development of the field.

Ambassador Training

After the leadership training, we held an Ambassador training for some of our Youth Council members. We spoke more deeply about what the Forca Goa Foundation stands for and the initiatives we are trying to accomplish. In addition, we held a World Cafe for the students in which they were able to discuss the issues they see in Goa and how those issues affect them personally. The students loved this exercise and have asked us to conduct a bigger one for the whole college. 5.