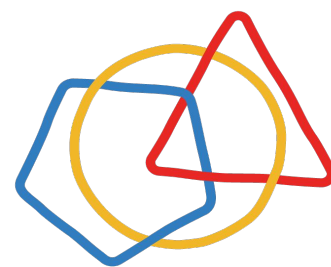


december

REPORT



FORCA GOA
FOUNDATION



ONGOING INITIATIVES

Launch of Little
Gaur's League
North Goa

-

Community Clean
Up - Live Happy

-

Nutrition
Workshops
Continue

-

Premier Skills -
Nathan & Clinton

-

Community
Festivals

LITTLE GAURS LEAGUE - NORTH GOA



After the success of the Little Gaur's League in the South, we launched the Little Gaur's League in the North on the 15th of December 2018 at Sangolda Football Ground. The league runs with 10 teams in the under 8 age category and 6 teams in the under 6 category. The league is open for everyone and so every community or school had the chance to register a team for the league. For the first match day a lot of

enthusiastic supporters came to see the young talents playing. Moreover, every team has their own supporters, who will also support their teams in the future matches. The little Gaur's had a lot of fun and all the teams were motivated to win their first game. The teams displayed admirable sportsmanship and furthermore took feedback from our coaches. It was a successful start to the new season.

COMMUNITY CLEAN UP - LIVE HAPPY



Sustainability is one of the pillars of the Forca Goa Foundation and under this pillar we have a keen focus on waste management at our grassroots centres. Through our campaigns Goa vs Garbage and #tackeltrashtogether we organize Clean-Ups at all our grassroots centers. Each month every centre conducts a clean-up in and around their training ground.

On the 6th of December 2018 we were part of a special Clean-Up at an open area near Badem Church

The Clean-up was conducted in collaboration with Live Happy, an NGO based in Assagao. Our Assagao grassroots center joined the Clean-Up under the supervision of Coach Rohan and Coach Inacio. It was nice to see many locals join Live Happy and our grassroots children as they picked up bits of garbage from the area.



NUTRITION WORKSHOPS CONTINUE



In September we kick started our campaign #MissionNutrition, where we discussed the importance of nutrition. We started by empowering our coaches and having a workshop with them on the different kinds of pre and post training foods and their benefits. Now we continue the campaign by conducting workshops for the children our grassroots centers all over Goa. In their workshop

explain to the children the importance of a healthy balanced diet and they also explain the benefits of the post training snack that they receive. We want to make the children aware of nutrition and furthermore, after the workshops the children can share their new knowledge with their parents and friends. One of our main messages is, if you want to perform well you have to eat the right food.



PREMIER SKILLS - NATHAN & CLINTON

Coach Nathan and Coach Clinton were selected for Phase 3 Stage 1 of the Premier Skills Coach Education training programme at Navi Mumbai.

Premier Skills is an international collaboration between Premier League and British Council which uses football as a tool for community development for developing community coaches and referees.



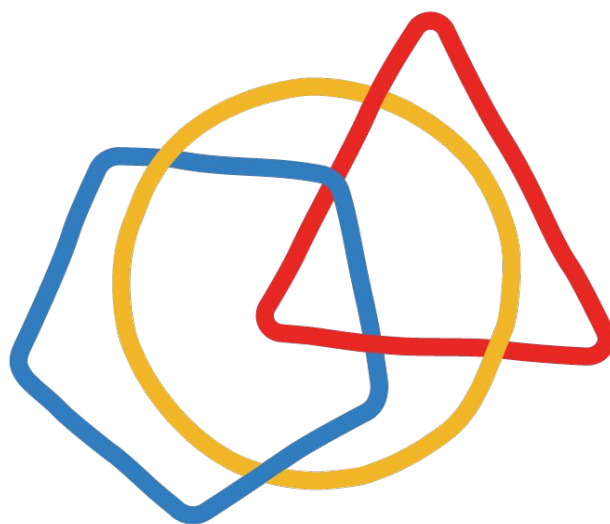
The event runs for 5 days and includes a mixture of Coach Education workshops as well as practical sessions. The programme not only empowers our coaches to be football coaches but coach educators and mentors to the children.

COMMUNITY FESTIVALS



In its endeavor to make football accessible to children from all corners of the state, Forca Goa conducts Pop-Up Football Festivals in marginalised communities, orphanages and schools that are not part of the grassroots program. Our festivals are open to girls and boys from the ages of 6-14 and are conducted in a tournament format with a mix of football and educational games.

Each festival has an average of 80- 10 children participating. This month, we had some very special football festivals. Coach Inacio had a festival on Siolim ground with a local community, while Coach Benjamin and Coach Frank had a festival at Kiran Niketa school in Vasco.



FORCA GOA
FOUNDATION

FOLLOW US AND STAY IN TOUCH!

  / ForcaGoaFoundation

www.forcagoa.org

2nd Floor, Delta Centre, H.No.850,
Off N.H.17, Porvorim North, Goa GA 403521 IN